



# Welcome!

Dr. Hazen Patients receive 15% off their first session with code Hazen15!  
Medicaid patients please email us for sliding scale options.

All classes and private sessions are virtual via Zoom until further notice.

## Private Sessions

- Intro 3-pack—60 minute sessions: \$360
- Intro 3-pack—30 minute sessions : \$250
  
- Single 60 minute session : \$150
- Single 30 minute session : \$85

## Weekly Classes

- Single class prices vary
- 3 Class Pack \$60

Weekly classes including Fascia Release™ and Pilates For All.

Monthly Workshops - check website and IG for details and updates.



brooklynstrength.com  
IG @brooklynstrength  
Podcast @busybodypodcast  
info@brooklynstrength.com

Scan for class  
schedule!

